**Trauma-focused Cognitive Behavioral Therapy**

**(TF-CBT)**

**Online Training Resources**

**What is TF-CBT ?**

Trauma-focused Cognitive Behavioral Therapy (TF-CBT) is an evidence based treatment designed to help children overcome traumatic stress due to child sexual abuse, exposure to domestic violence or other serious trauma(s). It was developed and tested by Drs. Esther Deblinger, Judith Cohen and Anthony Mannarino, and has been found in multiple studies to be a highly effective treatment for children, adolescents and their caregivers.

**Who are TF-CBT Web Courses Designed for?**

These web courses are designed for busy mental health professionals who want introductory training in TF-CBT, but who need a flexible and convenient way of learning on their own schedule. The web based format allows users to learn at their own pace and refresh their knowledge when needed.

**How can therapists be certified in TF-CBT?**

For information about how to become certified in TF-CBT, please see tfcbt.org for details about the national TF-CBT therapist certification program.

**TTTFTFFTTTFParticipating Centers**

**Participating Centers**

**TF-CBT**

**Online Training Resources**

**TF-CBTWeb**

[www.musc.edu/tfcbt](http://www.musc.edu/tfcbt)

**CTGWeb**

[www.musc.edu/ctg](http://www.musc.edu/ctg)

**TF-CBTConsult**

[www.musc.edu/tfcbtconsult](http://www.musc.edu/tfcbtconsult)



www.caresinstitute.org

www.wpahs.org

www.mus*c*.edu/ncvc

**National Crime Victims**

**Research and Treatment Center**

Department of Psychiatry and

Behavioral Sciences

Medical University of South Carolina

67 President Street, MSC 861

Charleston, SC 29425





[**www.musc.edu/tfcbtconsult**](http://www.musc.edu/tfcbtconsult)

**TF-CBTConsult** quicklyprovides online, automated clinical consultation to therapists using TF-CBT. Users can enter a question or set of keywords to screen a long list of commonly asked consultation questions concerning TF-CBT. Answer Pages contain:

* Concise text answers
* Video explanations by the TF-CBT developers
* Video dialogues between TF-CBT experts concerning clinical issues
* Video clinical demonstrations



**TF-CBTConsult** is available only to learners who have completed **TF-CBTWeb.**

Development of **TF-CBTConsult** was funded by the Annie E. Casey Foundation. It was developed in collaboration with the TF-CBT developers and launched in 2010.

**www.musc.edu/ctg**

**CTGWeb** is a follow-up training course to **TF-CBTWeb** that teaches therapists how to apply TF-CBT to cases of child traumatic grief. It is also web-based, modular, and multimedia. Modules include:

* Adapting TF-CBT to CTG
* Grief Education
* Grieving and Ambivalent Feelings
* Preserving Positive Memories
* Redefining the Relationship

Each module is structured similarly to those of **TF-CBTWeb.**

Learners completing **CTGWeb** receive 6 hours of continuing education credit free of charge.

**CTGWeb** is available only to learners who have completed **TF-CBTWeb.**

**CTGWeb** was developed in collaboration with the TF-CBT developers and was launched in 2008.

[**www.musc.edu/tfcbt**](http://www.musc.edu/tfcbt)

**TF-CBTWeb** is a web-based, multi-media training course for Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT). **TF-CBTWeb** was developed as part of a National Child Traumatic Stress Network grant from the Substance Abuse and Mental Health Services Administration in collaboration with the developers of TF-CBT and other NCTSN centers.

The coursehas 10 modules that follow the components of TF-CBT. Each module has:

* Concise Explanations
* Video Demonstrations
* Clinical Scripts
* Clinical Challenges
* Cultural Considerations

Learners completing **TF-CBTWeb** receive 10 hours of continuing education credit.

**TF-CBTWeb** was launched in 2005 and has over 98,000 registered learners from 111 countries.

